



Big Bang Organization

Chores for Ages 6-9

Daily chores:

- ❖ Chores from ages 3-5
- ❖ Make lunch for next day
- ❖ Make the bed
- ❖ Squeegee the shower
- ❖ Raise out the tub
- ❖ Feed pets
- ❖ Exercise pets
- ❖ Clean pet's bowls and cages
- ❖ Help make breakfast
- ❖ Set and clear the table
- ❖ Do simple cooking tasks
- ❖ Put dishes in the dishwasher
- ❖ Wipe up spills
- ❖ Wipe kitchen table, chairs, highchair, counters and cooktop/range
- ❖ Wipe down interior of the microwave
- ❖ Take out trash and recyclables and remove compostable material
- ❖ Pick up trash in car and empty car trash bag

Weekly chores:

- ❖ Chores from ages 3-5
- ❖ Bring groceries in from the car

- ❖ Put away groceries
- ❖ Tidy bedroom
- ❖ Sweep floors or vacuum
- ❖ Shake area rugs, depending on size
- ❖ Water plants
- ❖ Empty and wipe out wastepaper baskets
- ❖ Prepare recyclables for pick up
- ❖ Fold and hang laundry
- ❖ Dust furniture
- ❖ Dust lamp shades
- ❖ Vacuum out the car, with help depending on the machine height and weight
- ❖ Scoop and clean out litter box or scoop up dog poop

Monthly chores:

- ❖ Chores from ages 3-5
- ❖ Wipe smudges from walls and doors

Yearly Chores:

- ❖ Chores from ages 3-5
- ❖ Clean all doormats
- ❖ Wash inside and outside of cabinets

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Organization isn't about perfection. It's about efficiency, reducing stress and clutter, saving time and money, and improving your overall quality of life.

- Christina Scalise